

Monkstown ETNS Children's Bí Cineálta Policy 2025

We will be kind!



Our school has a Bí Cineálta Policy to try to stop bullying behaviour.

We will look at this policy every year to see what is working well or what could work better.

Being together



Monkstown
Educate
Together
National School

What is bullying behaviour?

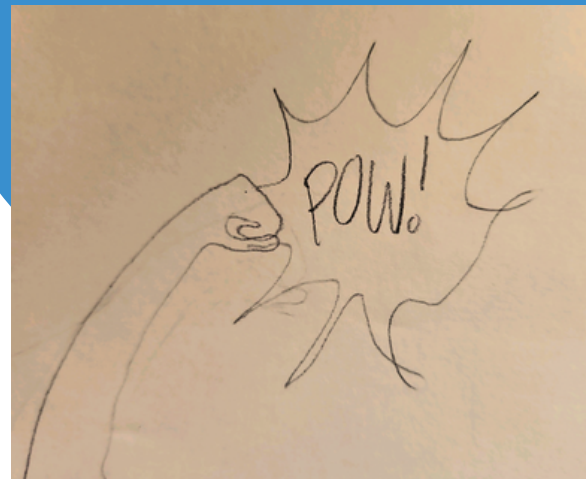
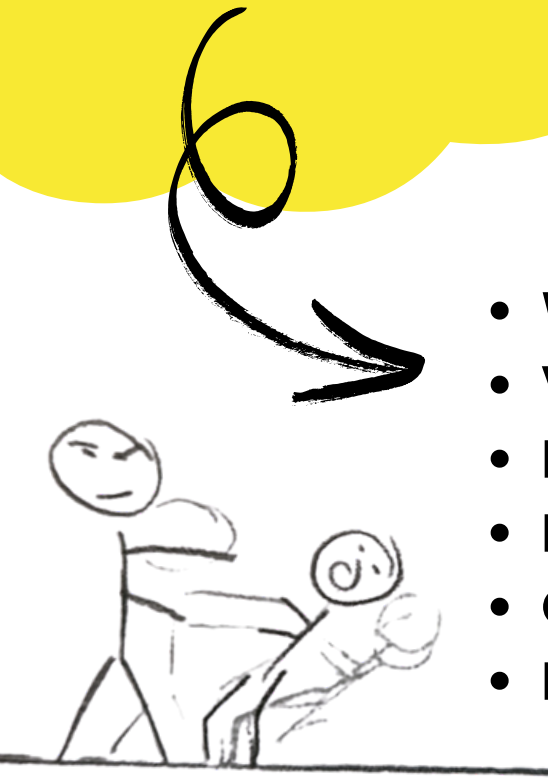
Bullying behaviour is hurting people over and over again

If you think that you are being bullied or someone else is being bullied, you need to tell a teacher or another adult that you trust.

They will know what to do to help!

Bullying behaviour could be...

- **Written**
- **Verbal**
- **Exclusionary**
- **Relational**
- **Online**
- **Physical**



Grumpy

WITHDRAWN

Sad

**When someone is
mean to you, how does
it make you feel?**

Not
Good

Lonely

Hurt

upset

powerless

Angry

isolated



Where does bullying behaviour occur?

Classrooms

Yard

Online

Coming to
and from
school

Outside
school

In METNS our priority is showing kindness.

When we are kind to others, we make school a happier and safer place for everyone. A smile, a kind word, or helping someone in need can make a big difference!

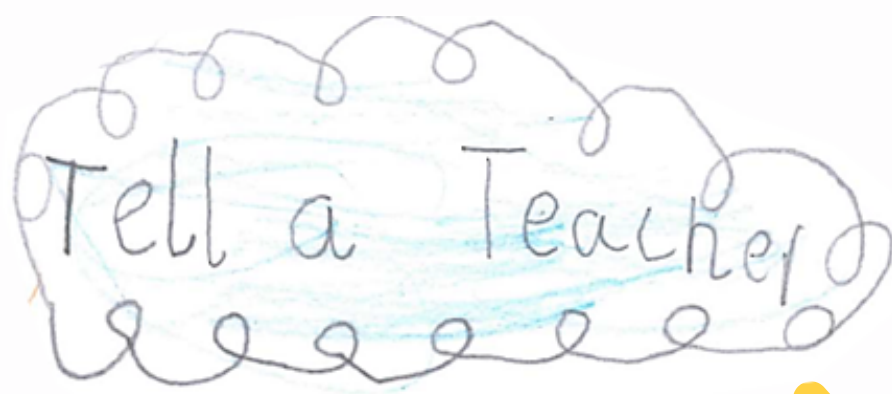
We asked some of our students how can we show kindness to one another

1. Kindness is helping others,
2. Sharing is caring.
3. Saying please and thank you.
4. helping hurt people.
5. Being respectful.
6. Giving people good compliments.
7. helping one and other.
8. be polite and kind.
9. Help people that need help.





If you were experiencing bullying behaviour, or believed someone else was, who would you talk to or what would you do?



being included

hearing kindness

playing nicely

being together

**What makes
you feel safe in
school?**



**This document was created by the
children in METNS**